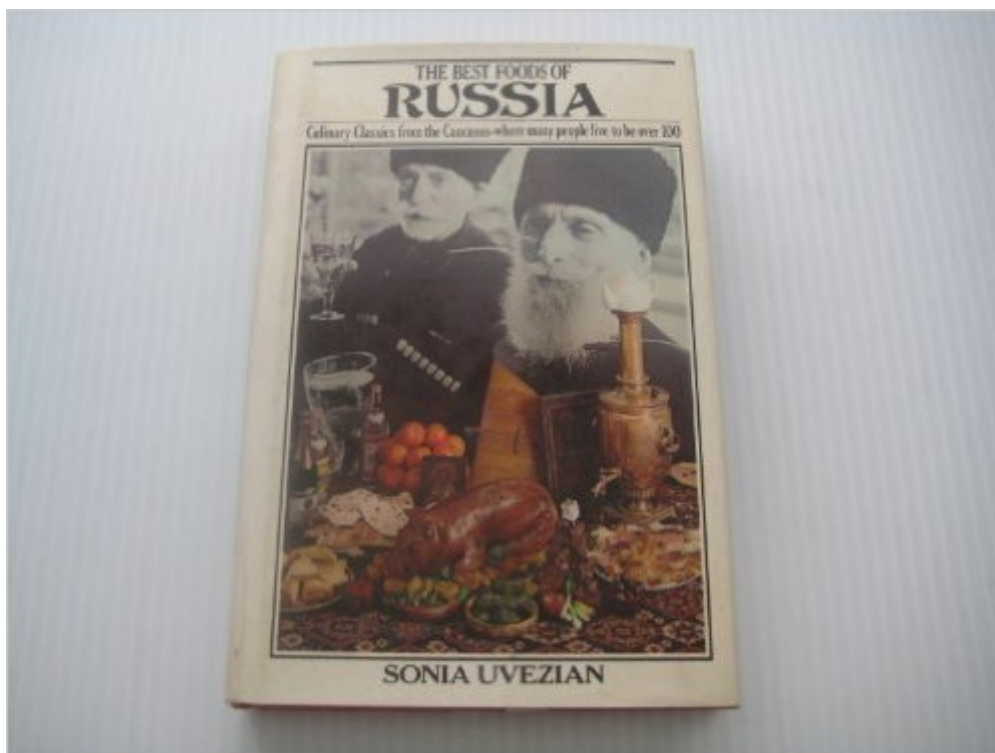


The book was found

Best Foods Of Russia



Synopsis

A collection of recipes from the Caucasus region-the countries of Georgia, Armenia and Azerbaijan

Book Information

Hardcover: 280 pages

Publisher: Houghton Mifflin Harcourt P; 1st edition (April 1977)

Language: English

ISBN-10: 0151119058

ISBN-13: 978-0151119059

Product Dimensions: 8.2 x 5.6 x 0.8 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #1,507,581 in Books (See Top 100 in Books) #76 inÂ Books > Cookbooks, Food & Wine > Regional & International > European > Russian

Customer Reviews

This wonderful cookbook by Sonja Uvezian ("The Cuisine of Armenia" and "Recipes and Remembrances from an Eastern Mediterranean Kitchen") is a true gem. It focuses on the food of the Caucasus Mountains and the former Soviet Republics of Georgia, Armenia, and Azerbaijan. Even today, after the publication of books by Paula Wolfert and Darra Goldstein, the cuisine of this area is relatively unknown in the United States. That's a shame, because it's truly wonderful, alternately hearty and light, and always full of flavor. The Middle Eastern influences are there, but the combination of ingredients is uniquely Caucasian. Uvezian does a very good job conveying the pleasures of this cuisine. One of the good things about the cookbook is that she often provides alternative ingredients or ways of spicing a dish. I've cooked a number of recipes from this book, and my one of my all-time favorite chicken recipes, a plain roast chicken with a knock-out walnut sauce, comes from here. Her lamb and fruit stews are good too. This book was republished in 1976 as "Cooking from the Caucasus." If you see a copy under either title in a used book store, snap it up. You won't regret it.

[Download to continue reading...](#)

Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook - Whole Foods Recipes (Whole Foods - Clean Eating) The Illustrated Food and Cooking of Poland, Russia and Eastern Europe: Discover the Cuisines of Russia, Poland, the Ukraine, Germany,

Austria, ... Republic, Romania, Bulgaria and the Balkans Russia's Warplanes. Volume 1:
Russia-made Military Aircraft and Helicopters Today: Volume 1 Best Foods of Russia Whole: The
30 Day Whole Foods Challenge: Complete Cookbook of 90-AWARD WINNING Recipes
Guaranteed to Lose Weight (Whole, Whole Foods, Whole Food Diet, Whole Foods Cookbook)
Whole Food: The 30 Day Whole Food Challenge - Whole Foods Diet - Whole Foods Cookbook -
Whole Foods Recipes Foods High in Fiber Cookbook: List of High Fiber Foods for a Healthy
Lifestyle - Recipes for High Fiber Foods The GMO Takeover: How to Avoid Monsanto and These
Harmful Foods (GMO, Genetically Modified Foods) (Avoiding Toxic GMO Foods and Monsanto to
Stay Healthy Book 1) GMO Free Diet: The Ultimate Guide on Avoiding GMO Foods and keeping
Your Family Healthy with a GMO Free Diet (GMO, Non GMO Diet, Non GMO Foods, Genetically
Engineered Foods, Monsanto) Mennonite Foods & Folkways From South Russia: Volume 1
Mennonite Foods & Folkways from South Russia, Vol. 2 Mennonite Foods and Folkways from
South Russia, Vol. 2 Diverticulitis Diet Plan: A Diverticulitis Diet Plan with Foods to Avoid, the Best
Foods to Eat and an Effective Diet for Treatment Best of the Best from Hawaii Cookbook: Selected
Recipes from Hawaii's Favorite Cookbooks (Best of the Best State Cookbooks) Best of the Best
from New Mexico Cookbook: Selected Recipes from New Mexico's Favorite Cookbooks (Best of the
Best Cookbook) Best Man Best Speech: How to Be the Best Best Man Jokes : Best Jokes 2016:
(Funny books, Joke books, Funny jokes, Best jokes 2016, Best jokes 2015) (Best Jokes 2016
Bundle) BEST BOOKS: Recommended Reading-Best American Literature (Fiction & Nonfiction),
Must Read Titles in English, Best Young Adult Books, the Best Kindle Books, ... Novels & Book
Club Picks (Good Reads 1) Low Carb Diet: Lose Weight Your Way with 23 Low-Carb Versions Of
Your Favorite Comfort Foods: (low carbohydrate, high protein, low carbohydrate foods, ... Ketogenic
Diet to Overcome Belly Fat) Williams-Sonoma Foods of the World: New York: Authentic Recipes
Celebrating the Foods of the World

[Dmca](#)